

# NURSE'S NOTES

## IMPORTANT REMINDERS FOR PARENTS:

### **Physical Exams- Grades K, 6, 11.**

### **Dental Exams- Grades K, 1, 5**

Students in kindergarten, grade 6 and grade 11 are required to have a physical exam completed by their doctor or clinic where they receive medical care. Dental exams are required for students in kindergarten, grade 1 and grade 5. **These exams are required by the Commonwealth of Pennsylvania as part of the school health law.** Any student, who is entering school for the first time, must have a physical and dental exam along with proof of properly spaced immunizations.

Forms are sent home in the spring for the following school year. If your child is entering a grade listed above, you will receive the forms in your child's report card envelope or through the mail. The current state law allows us to accept forms from exams done up to two years prior to the beginning of the school year. **Exams should be completed and forms returned to the school nurse preferably by the second week of August for students entering kindergarten.**

*If your child is not covered by any health insurance, please call 1-800-986-KIDS or visit [www.state.pa.us](http://www.state.pa.us),*

*keyword: CHIP for information about Pennsylvania's Children's Health Insurance Program (CHIP).*

*MedExpress – [medexpress.com](http://medexpress.com), corner of Rohrestown Road & Columbia Avenue offers a convenient and affordable way to get your children ready for school, sports and camp. Physicals are \$20. Open 7 days a week, 9am to 9pm, no appointment needed. Immunization sites - PA Dept. of Health 299-7597, SE Health Services 299-6371, LGH Child Protect 544-3811. Dental Resources - Brush. Brush. Smile! St. Joseph Health Ministries Phone 717 239-1191*

If you have questions or concerns about the exams, please contact your school nurse before the end of the school year. Forms needed are also on the web: [www.pennmanor.net](http://www.pennmanor.net), Blog's at PM, PM Nurse.

### **Immunization Reminder:**

**Children ATTENDING 7<sup>th</sup> grade in 2013-2014 as recommended by the Center for Disease Control, American Academy of Pediatrics, and Advisory Committee of Immunization Practices must have:**

- 1 dose of tetanus, diphtheria, acellular pertussis (Tdap)  
(if 5 years has elapsed since last tetanus immunization)
- 1 dose of meningococcal conjugate vaccine (MCV)

These requirements allow for medical reasons and religious beliefs. If your child is exempt from immunizations, he/she may be removed from school during an outbreak.

### **Dentals, Physicals and/or proof of immunizations from physician/clinic may be mailed or faxed to:**

**Central Manor Elem. School**, 3717 Blue Rock Road, Washington Boro PA 17582,  
Phone 872-1401, Fax 872-9515

**Lancaster Mennonite School-New Danville**, 393 Long Lane, Lancaster PA 17603  
Phone: 872-2506, Fax: (717)872-5201

**Letort Elem. School**, 561 Letort Road, Washington Boro PA 17582, Phone 872-9530, Fax 872-9552

**Medication Reminder:** If your child is to begin or continue to receive a medication next year, by law, we must have a new form completed. **All medications: RX and Non RX=over the counter medications (limited to Acetaminophen or Ibuprofen) must be accompanied by a written doctor's order with**

**parent signature, if the medication is required during the school day.** If your child currently receives a medication at school, the required form will be in the report card. Medications will be given the last full day of school. **Medications are not given the last abbreviated day of school which is 9-11:30 am, unless a parent notifies nursing staff the med must be given. Parents must pick up all medications by the last day of school.**

- **Medications that are *not* picked up will be discarded, per district policy.**